



INTRO TO WHITEWATER KAYAKING

**FOR YOUTH (16+) &
ADULTS**

Learn wet exits, paddling strokes, eddy turns, and more. You will start on flatwater, progress to moving water, and optionally run down the whitewater course by the last session.

Equipment provided

No paddling experience needed

Must be able to swim and be confident in river environments

Fees \$250 (+ ORR membership or \$10 WO)

The clinic is comprised of four mornings

Tue Aug 5th – Fri Aug 8th
9am-12pm

The Pumphouse, LeBreton Flats

