## INTRO TO WHITEWATER KAYAK CLINIC FOR ADULTS

Learn wet exits, paddling strokes, eddy turns, and more. You will start on flatwater, progress to moving water, and optionally run down the whitewater course by Sunday afternoon.

Equipment provided

No paddling experience needed

Must be able to swim and be confident in river environments

Fees \$250 (+ ORR membership or \$10 WO)

The clinic is comprised of two evenings and a full day

July 15<sup>th</sup> & 17<sup>th</sup>, 6-8pm & July 20<sup>th</sup>, 9:30am-4:30pm

The Pumphouse, LeBreton Flats





