

# 2026 Winter Pool Offerings

## Ottawa River Runners – Carleton University Pool

Join Ottawa River Runners for our **2026 Winter Pool Sessions** at Carleton University! Whether you're new to kayaking or looking to develop advanced skills, our warm indoor pool provides the perfect environment to learn, practice, and build confidence throughout the winter months.

Don't let the weather keep you off the water—come paddle with us!

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## Membership Requirements

A valid **ORR club membership** is required to attend pool programs.

- **2025 memberships** remain valid until **March 31, 2026**
  - **No membership? Sign up [here](#)! It will be for the 2026 season.**
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## Ripples / Youth Program (Ages 8–15)

The **Ripples Learn-to-Kayak Program** is designed for young paddlers who want to try kayaking in a warm, safe, shallow-end pool setting. Participants learn the fundamentals of kayaking while developing comfort, confidence, and skills to prepare for the summer season.

Kids with previous experience are grouped accordingly after the first session to ensure appropriate challenge and progression.

- **1 instructor per 4 participants**
- **All equipment provided**
- **\$150 includes 4 classes / \$75 includes 2 classes**

## Ripples / Youth – Session 1, 4 classes

**Skill Level:** Beginner to Intermediate

**Spots:** 12 (3 groups of 4 - one instructor per group)

**Cost:** \$150 for 4 classes

**When:** Sundays, 6:30-8:00 pm

**Dates:** January 18, 25, February 1, 8

**Duration:** 1.5 hours per session

Participants are grouped based on age, skill, and practice goals

## **Ripples/Youth Session 2, 2 classes**

**Skill Level:** Beginner to Intermediate

**Spots:** 12 (3 groups of 4; one instructor per group)

**Cost:** \$75 for 2 classes

**When:** Sundays, 6:30-8:00 pm

**Dates:** February 22 & March 1

**Duration:** 1.5 hours per session

Participants are grouped based on age, skill, and practice goals

## **Ripples/Youth Open**

**Play time in boats and paddling around practice your skills bring a friend!**

**Skill Level:** All

**Price:** \$30 per session

**Spots:** 15 – (Instructors on hand to help.)

**When:** Sundays, 6:30-8:00 pm

**Dates:** March 29 & April 5<sup>th</sup>

**Duration:** 1.5 hours per session

## **Open Sessions - Saturdays**

These sessions are open practice times for paddlers of all skill levels to work on rolling, strokes, bracing, and comfort in their boat. Equipment provided on availability first come first serve or bring your own.

**Price:** \$25 / session – 15 spots

**When:** Saturday Evenings

**Time:** 7:30–9:00 pm

**Dates:** January 17, 24, 31 February 7, 28 March 7, 28

## **Roll Clinics**

**Learn to roll or practice up with an instructor.**

**Equipment provided or bring your own – all ages.**

**Price:** \$40 per clinic

**When:** Saturdays 12 spots

**Time:** 7:30-9:00 pm

**Dates:** Feb 21 and April 4

**Duration:** 1.5 hours